

Issued January 2025
Review December 2025

The Shire Gymnastics code of behaviour is designed to ensure all our interactions with each other are positive, respectful, and professional and when followed provide a fun, encouraging and safe environment in which our gymnasts can develop and excel.

The code of behaviour applies to everyone involved with Shire Gymnastics, Gymnasts, Parents / Guardians, Coaches, Judges, all Staff, Volunteers and Guests and overlaps but does not replace the Gymnastics NSW Codes of Behaviour. The behaviours must be displayed when involved, coaching, participating in or attending activities at our venue or those held in the club's name or as a representative of our club at other venues.

The Gymnastics NSW role specific codes of behaviour (General, Gymnast, Parent, Coach and Official) should also be read and applied. They can be located on the Gymnastics NSW website: <https://www.gymnsw.org.au/policies>

General behaviour, attitude, and respect for others:

1. Be kind, respectful, friendly, positive, and professional toward all others involved in our club, other clubs, and gymnastics in general. Have open and honest conversations that results in positive experiences for all.
2. Respect the rights, dignity and worth of every person regardless of gender, ability, culture, or religion.
3. Show appreciation and respect for all volunteers, coaches, judges, and administrators regardless of club and extend that respect to all parents, spectators, and gymnasts.
4. Always present yourself in an appropriate manner, ready to train, compete, coach, support, or work.
5. Wear correct attire / uniform and be proud of representing Shire Gymnastics in any role.
6. Be a positive role model adding to the positive culture of our community. Know that other people are watching and potentially learning from your behaviour and communication.
7. Always respect the educated professional's opinion and the decisions of coaches / officials. Make all appeals through formal processes & respect the final decisions.
8. Be a fair winner and good loser. Follow all event rules, including photography policy and gymnast only areas.
9. Never interrupt a squad's training session or call out to the floor or across the floor (This does not limit coaches' communication with each other on the floor)
10. Respect the area and equipment you use, train or coach in / on.
11. If you notice behaviour or hazards which could harm or endanger someone, please let management know.
12. Refrain from prohibited conduct - Bullying, abuse, harassment, sexual misconduct, unlawful discrimination.
13. Refrain from negative language, communication or action that may hurt someone's feelings, reflect poorly on yourself or Shire Gymnastics or may cause offense. Never ridicule a child for making a mistake or losing.
14. Always maintain confidentiality. Do not disclose personal information about any Shire Gymnastics members.
15. Do not participate in or 'be' in any online or social media conversations about Shire Gymnastics members or others. Avoid identifying yourself, your club or location on personal social media platforms, be mindful of what's in the background (including music) or on uniforms when posting photos or video. Photos / videos of you / your child performing skills in the gym are acceptable but do not post on behalf of others.
16. No mobile phones are to be used during training or breaks.
17. Show appreciation for everyone's skills regardless of level, team, club, or outcome.
18. Remember children participate in gymnastics for their own enjoyment, not anyone else's. Appreciate and focus on effort, performance, learning and enjoyment rather than winning or losing.
19. As a coach or gymnast always give your best at training and competitions. Be motivated, committed, supportive and compassionate, work equally hard for yourself and the team.
20. Follow the instructions of the coach or management. Please question any instructions in a respectful manner.
21. Be kind to yourself. Avoid comparing yourself to others and recognise that everyone is on their own journey.
22. Understand the repercussions should you breach Shire Gymnastics and its governing body's codes & policies.

Any behaviour not in line with the code of behaviour may result in suspension, or cancelation of Shire Gymnastics membership or position. Please see the complaints and managing behaviour policy