

# Athlete use of Mobile Phones – Off and Away

## Purpose

The purpose of this policy is to outline the rules surrounding mobile phone use by athletes while at Shire Gymnastics.

## Statement & Rationale

Mobile phones can often become a distraction with Apps and social media, they can also easily become a vehicle for inappropriate use.

This policy is designed to support our athletes in maximising the benefits of their training and minimise the risk of inappropriate mobile phone use.

Adherence to the policy aligns with child safe standards and the Shire Gymnastics mission to co-create a nurturing community and supports point 16 of Shire Gymnastics Code of Behaviour.

## Policy

- Mobile phones must be left at home or if brought to training **'be off and away'** both during training and during break.
- A phone being used inappropriately will result in the phone being placed in the labelled box (in the office) by the athlete's coach.
- Mobile phones will be returned to athletes when leaving the premises.

## Management

- All communication will be managed through the office.
- Should an athlete wish to contact a parent, they should communicate with a coach or staff member.
- Shire Gymnastics Management will manage individual requests from parents and/or carers for any exemptions to the policy.

## Breach of Policy

- A breach of policy may result in disciplinary action as per the Shire Gymnastics behaviour management policy.