

# 2025 SQUAD UNIFORM AND EQUIPMENT LIST

**Note:** Gymnasts have till July 2025 to transition to new compulsory training gear

**Ordering Windows:** Sylvia P and [Shire Online Shop](#) operate via ordering windows – We will email you when they are open for purchase.

MAG	WAG
<p><b>General Training Uniform</b> (compulsory for ALL)</p> <ul style="list-style-type: none"> <li>Choice and combination of any training items in new Online Shop - <a href="#">LINK</a></li> </ul> <p><b>Current Junior and Senior Training Gear</b> (until stocks last)</p> <ul style="list-style-type: none"> <li>Shirt or Singlet</li> <li>Shorts</li> <li>Longs</li> </ul> <p><b>Competition uniform</b> (compulsory Level 1+)</p> <ul style="list-style-type: none"> <li>Leotard</li> <li>Shorts</li> <li>Longs</li> </ul> <p><b>Competition Tracksuit, Shirt, and Bag</b> (compulsory Level 1+)</p> <ul style="list-style-type: none"> <li>Track Pants</li> <li>Track Jacket</li> <li>Competition Shirt – Navy with White logo</li> <li>New Logo Bag</li> </ul> <p><b>Grips / Guards (one in the same)</b> - Generally from Levels 2 or 3+ or when hands are large enough to fit them. Talk to your coach for need and sizing.</p> <ul style="list-style-type: none"> <li>Ring Grips / Guards</li> <li>High Bar Grips / Guards</li> <li>White gloves</li> <li>Sweat band for under the Grips / Guards</li> </ul> <p><b>Other Training Equipment in a Gymnasts Bag</b></p> <ul style="list-style-type: none"> <li>Loops - Talk to coach about length and colour</li> <li>Rigid sports tape e.g., Elastoplast Rigid Sports Tape</li> </ul>	<p><b>General Training Uniform</b> (compulsory for ALL)</p> <ul style="list-style-type: none"> <li>Choice and combination of any training items in new Online Shop - <a href="#">LINK</a></li> </ul> <p><b>Competition Leotard and Training Leotard</b> (compulsory for ALL)</p> <ul style="list-style-type: none"> <li>Level 5+ - Pink Pia ¾ sleeve.</li> <li>Level 3-4 - Pink Pia sleeveless.</li> <li>Development &amp; Academy - Pink Mystique (Shimmery)</li> <li>For all - Pink Shorts (if desired) either Lycra or Mystique (Shimmery)</li> <li>For all - Pink Scrunchie (if desired)</li> </ul> <p><b>Competition Tracksuit, Shirt, and Bag</b> (compulsory Level 3+)</p> <ul style="list-style-type: none"> <li>Track Pants</li> <li>Track Jacket</li> <li>Competition Shirt – Navy with White logo</li> <li>New Logo Bag</li> </ul> <p><b>Grips / Guards (one in the same)</b> - Generally from Levels 2 or 3+ or when hands are large enough to fit them. Talk to your coach for need and sizing.</p> <ul style="list-style-type: none"> <li>High Bar Grips / Guards</li> <li>White gloves</li> <li>Sweat band for under the Grips / Guards</li> </ul> <p><b>Other Training Equipment in a Gymnasts Bag</b></p> <ul style="list-style-type: none"> <li>Loops - Talk to coach about length and colour</li> <li>Rigid sports tape e.g., Elastoplast Rigid Sports Tape</li> </ul>
<p><b>PURCHASING</b></p> <ul style="list-style-type: none"> <li>General training uniform, competition tracksuit, shirt &amp; bag – Shire Online Shop</li> <li>Current junior and senior training gear and loops – At reception</li> <li>Competition leotard, shorts &amp; longs – Sylvia P</li> <li>Competition tracksuit, shirt &amp; bag - Shire Online Shop</li> <li>Grips / Guards – AMCO Gymnastics</li> <li>Rigid sports tape – Various pharmacies</li> </ul>	<p><b>PURCHASING</b></p> <ul style="list-style-type: none"> <li>General training uniform, competition tracksuit, shirt &amp; bag – Shire Online Shop</li> <li>Competition &amp; training leotards &amp; shorts / scrunchie – Sylvia P</li> <li>Grips / Guards – AMCO Gymnastics</li> <li>Loops – See reception.</li> <li>Rigid sports tape – Various pharmacies</li> </ul>